

**EAST DISTRICT
CROSS COUNTRY CHAMPIONSHIPS
SATURDAY 10th JANUARY 2004
FALKIRK
(Callender Park)**

RACE	START TIME	
UNDER 13 GIRLS	12.30	
UNDER 13 BOYS	12.45	Declarations close 30 minutes before each race
UNDER 15 GIRLS and		
UNDER 17 WOMEN	1.00	
UNDER 15 BOYS	1.20	
SENIOR / JUNIOR WOMEN	1.35	
UNDER 17 MEN	2.05	
SENIOR / JUNIOR MEN	2.30	

OFFICIALS

Referee	Ian Hislop
Clerk of Course	Andy Ronald
Judge	Ian Clifton (Chief), Neil Donachie, John Hamilton
Recorders	Fred McCluskie (Chief), Sandy Cameron, Ian Mann, Bryan Hislop, John Brash
Timekeepers	Joe Bruce (Chief), Alan Carruthers, Raymond Hutcheson
Marksman	Dave Cairns
Starter	Barry Craighead
Announcer	Bob Gray
Declarations	Jen Jackson, Marion Donachie
Results	Peter Jackson, Sheila Smart, Marjory Cook
Presentations	Sandra Hardacre
Course Marshals	Falkirk Victoria Harriers
Convenor	Alex Jackson

The Scottish Athletics Federation thanks the following for their assistance in running to-days event

Clackmannanshire Council
St Andrews Ambulance
Councillor Alison Lindsay

Clackmannanshire Sports Council
Jamie, Earl of Mar and Kellie
Mr Marshall (Farmer)

DISTRICT CHAMPIONSHIPS FINISHERS 1995-2000

EAST	VENUE	U13G	U15G	U17W	WOMEN	U13B	U15B	U17M	MEN
1995	Edinburgh	49	38	31	64	55	58	54	240
1996	Aberdeen	44	28	19	32	39	47	33	207
1997	Edinburgh	42	26	20	66	37	36	34	305
1998	Galashiels	35	32	12	60	38	29	33	210
2000	Alloa								
WEST									
1995	Stepps	69	42	28	60	71	69	44	229
1996	Cumnock	49	56	23	59	62	53	46	218
1997	Girvan	48	50	21	42	52	48	40	162
1998	Cumnock	41	36	20	64	49	48	30	189
2000	Giffnock								
NORTH									
1995	Forres	18	13	9	17	24	25	11	99
1996	Nairn	27	13	7	25	25	21	16	69
1997	Alness	17	15	4	16	21	20	14	55
1998	Inverness	12	11	4	11	17	20	11	64
1999	Elgin								

Under 13 Girls**RACE STARTS 12.30****Aberdeen AAC****49 Rachel Armitage****50 Chantel Clark****51 Chirstie Noble****Central AC****52 Gemma Milne****53 Rebecca Hay****54 Jennifer Hutchison****55 Hilary Warkentin****City of Edinburgh****56 Mhairi Hunter****Dundee Hawkhill****57 Gemma Dolan****Dunfermline & W Fife****58 Aileen Connelly****Edinburgh Southern H****59 Alice Loudon****60 Beth Greenhill****61 Emily Stewart****62 Kerry Hall****63 Anna Seago****64 Claire Davidson****65 Laura Kerr****Falkirk Victoria H****66 Ailie McGowan****67 Jill Brooks****68 Louise Kernaghan****69 Megan McConnell****70 Suzi McGougan****71 Jayde Hamilton****72 Sophia Ruiz-Beltran****73 Megan McLeish****Fife AC****74 Kiri Stone****75 Emma Todd****76 Jenny Tan****77 Fiona Bracegirdle****Lasswade AAC****78 Laura Baxter****79 Erin Froude****80 Caitlin Froude****81 Emma Gordon****Linlithgow AAC****82 Tanya Marshall****83 Jennifer Bradshaw****Livingston & Dist****84 Jennifer Rogers****85 Adele Haddow****86 Sakina Sher****87 Charès Auldjo****Lothian RC****88 Mhairi Inglis****89 Sarah Inglis****Montrose & Dist****90 Mairi Grewar****91 Gemma Brown****92 Roxanna Robinson****93 Gwen Wakeling****Pitreavie AAC****94 Stacey Louch****95 Levi Young****96 Sarah Ross****97 Stephanie Docherty**

Under 13 BOYS RACE STARTS 12.45

Aberdeen AAC

**23 James Joy
27 Finlay Park**

24 Thomas Joy

25 Ruari Neil

26 Craig Mackenzie

Central AC

28 Matthew Gillespie

29 Anthony Gillespie

30 Sean Reilly

31 David Hutchison

City of Edinburgh

**32 Chris O'Hare
36 Stuart McKemmie
40 Martin McInnes**

**33 Shaun Devenney
37 Fraser Mann
41 Adam Mackenzie**

**34 Michael Doneghan
38 Tom Ryan**

**35 Darren Lyall
39 Jonathan Wolf**

Corstorphine AAC

**42 Craig Knowles
46 Sean Malcolm**

43 Niall Waddell

44 Hamish Hepburn

45 Fraser Scott

Dundee Hawkhill

47 David Jenkins

48 Adam Reid

49 Steven Brown

Falkirk Victoria H

**50 Alan Love
54 Kyle Randalls
58 Lewis Grant**

**51 Jonathan Campbell
55 Ewan Murray
59 Ellis Main**

**52 Aaron Ritchie
56 Grant Plenderleith**

**53 Greg Shea
57 Jonathan Dewar**

Fife AC

60 Andrew Evans

61 Neil Gray

George Heriots

**62 Roger Poolman
65 Benjamin Mildred
69 Rory Scothorn**

**63 Ben McCullough-Young
66 Laurie Black
70 Alistair Grant**

67 Joshua Yates

**64 James Mildred
68 Mark Shand**

Lasswade AAC

71 Graeme Anderson

72 Mark Baxter

73 Martin Brash

74 Adam Osbourne

Livingston & Dist

75 Craig McDowall

76 Iain Hardacre

Lothian RC

77 Robert Inglis

78 Colin MacDonald

79 Grant MacDonald

Montrose & Dist

80 Benedict Murray

81 John Leiper

Under 15 Girls RACE STARTS 1.00

Aberdeen AAC

**101 Hilary Armitage
105 Siobhan Prise**

102 Anna Fleming

103 Laura Hepburn

104 Ruth Stephen

Corstorphine AAC

106 Megan Smith

Dundee Hawkhill

107 Elizabeth MacLeish 108 Carly Hall

109 Lauren Mellish

Edinburgh Southern H

**110 Roslyn Campbell
114 Hayley Duncan**

**111 Catriona Sinclair
115 Eleanor Long**

**112 Laura Dunn
116 Lorna Miller**

**113 Katie McGregor
117 Tessa Birley**

Falkirk Victoria H

118 Danielle Barr

Fife AC

119 Jennifer Kibble

120 Caroline Legge

121 Amanda Woodrow

Gala Harriers

122 Sarah Mathers

123 Kirstie Thomson

Lasswade AAC

124 Ashley Alexander

125 Alexandra Benham

Livingston & Dist

126 Robyn McDowall

Lothian RC

127 Kathleen Dempsey

128 Jemma Toner

Perth Strathtay

129 Katrina Lindsay

130 Gayle Lindsay

Pitreavie AAC

131 Siobhan Coleman

Under 15 Boys

RACE STARTS 1.20

Aberdeen AAC

101 Mark Haskett

105 James Taylor

102 Richard Crighton

106 Mark Ibbotson

103 Alex Thoires

107 Mark Guyan

104 Myles Edwards

108 Jamie Thomson

Central AC

109 Michael Gillespie

110 Robbie McNab

City of Edinburgh

111 Craig McInnes

112 Finlay Moffat

113 Marcus Thomson

114 Darren Steel

Corstorphine AAC

115 Calum McKenzie

116 Neal Robb

Dundee Hawkhill

117 Benjamin Mellish

121 Iain Dunbar

118 Ewan Glassey

119 Craig Angus

120 Andrew Brookes

Dunfermline & W Fife

122 Graeme Gibson

Falkirk Victoria H

123 Bryan Kay

124 Liam Kane

125 Sandy Duncan

126 Scott Leckie

Fife AC

127 Elliot Simpson

128 Frankie Scott

129 Duncan McLachlan

George Heriots

130 Graham Scobie

134 Lewis Just

131 Rory Downie

135 Nicholas Gunn

132 Jonathon Neville

136 Declan Pang

133 Graham Dickson

Lasswade AAC

137 Scott Anderson

138 Paul Benham

139 Jordon Thomson

Linlithgow AAC

140 Colin McCluskie

Montrose & Dist

141 Nicholas Hobday

145 David Anderson

142 Michael Taylor

146 Mark Tough

143 Ian Towle

144 Greg Taylor

Pitreavie AAC

147 Douglas Newsom

Teviotdale Harriers

148 Stewart Fraser

149 Gavin Brady

Under 17 Women

RACE STARTS 1.00

Aberdeen AAC

1 Charlotte Forbes

2 Shonah Richard

Central AC

3 Rowena Bell-Scott

4 Lauren McNab

Corstorphine AAC

5 Rebecca O'Brien

Dundee Hawkhill

6 Heather Brookes

7 Laura Brown

8 Lyndsey Aitken

9 Lynsey Murray

Edinburgh Southern H

10 Debbie Ogden

11 Emily Finnie

Lasswade AAC

12 Ashleigh Kennedy

13 Jenny Sheal

Lothian RC

14 Laura Bann

15 Ashley Toner

Montrose & Dist

16 Hailey Bell

Pitreavie AAC

17 Eilidh Child

18 Kim Paterson

19 Samantha Lindin

Under 17 Men

RACE STARTS 2.05

Aberdeen AAC

161 Steven Rusling

162 Darren Shinnie

163 William Duncan

Central AC

164 Michael Wright

165 Steven Guscott

City of Edinburgh

166 Stephen Lisgo

170 Roy Dumma

174 Hugo Shannon

167 Kris Gauson

171 Kevin Andison

175 Jason Thomson

168 Chris Black

172 Richard McGuire

169 Calum Deans

173 Blair Milne

Corstorphine AAC

176 Callum Fletcher

177 Douglas Selman

Dundee Hawkhill

178 Kevin Murray

Fife AC

179 John Buchan

180 Mark Harley

181 Andy Kinnear

182 William Lamb

Harmeny AC

183 Shaun Desport

Lasswade AAC

184 Ross Finlayson

185 Colin Swan

Linlithgow AAC

186 Alistair Marshall

Livingston & Dist

187 David McIlwraith

Lothian RC

188 Angus Armour

189 Philip Kingscott

190 Tyrone Watson

Montrose & Dist

191 Ritchie Nicholls

192 Sean Tough

Perth Strathtay

193 Jonathan Letham

194 Joss Hay

Pitreavie AAC

195 Stuart Chisholm

196 Ewan Simpson

Teviotdale Harriers

197 Derek Scott

198 Ryan Gibson

199 Gary Alexander

Senior/ Junior Women

RACE STARTS 1.35

Aberdeen AAC

1 Sonia Armitage (F40)
4 Julie McKenzie

2 Nicola Crawford
5 Lynsey Still

3 Laura Mahady (F45)

Carnethy HRC

6 Tracey Brindley
10 Jill Tait

7 Angela Mudge

8 Lyn Wilson 9 Kate Jenkins

Central AC

11 Jane Mccrorie
14 Hazel Dean (F40)
17 Helen Winton (F35)

12 Claire Waterhouse
15 Jane Waterhouse (F50)
18 Fiona Thompson (U20)

13 Ainsley Normand
16 Mary Kerr (F35)
19 Morag MacLarty (U20)

City of Edinburgh

20 Catherine Ferrie
23 Eilidh Wardlaw
26 Marietta Vander Linden
29 Carol-Ann Gray (F35)
32 Jennifer Norris

21 Lianne Harrison
24 Gillian Hislop
27 Joanne Whitehead (F35)
30 Ruth Chamberlain
33 Alison MacDonald (U20)

22 Claire Ward
25 Natalie Christie
28 Sharyn Ramage (F40)
31 Gillian Cairns
34 Susan Aitken (F45)

Corstorphine AAC

35 Linda McGinley (F45)

36 Phyllis Mitchell (F40)

37 Susan Waddell (F40)

Dundee Hawkhill

38 Liz McColgan (F35)

Dundee Road R

39 Mary McIntyre
42 Gillian Hanlon (F45)

40 Morag Taggart (F40)
43 Miriam Rennet (F40)

41 Tracy Morgan

Edinburgh Southern H

44 Vicky Frew
47 Karen Dobbie (F35)

45 Susan Ridley (F35)
48 Rona MacNiven

46 Violet Blair (F45)
49 Marbeth Shiell (U20)

Edinburgh Uni

50 Judith Findley
53 Sadie Yousefian
56 Diane Morton (U20)

51 Eilidh Wardlaw
54 Briony Curtis (U20)
57 Rosie Smith (U20)

52 Sarah Drew
55 Amy Jones (U20)

EZ Carnegie

58 Fabienne Thompson (F35)
62 Tracey Stamp

59 Lynne Bennet

60 Nicola May 61 Sarah Legge

Falkirk Victoria H

63 Amanda Purser

64 Fiona Matheson (F40)

65 Caroline Lawless (F40)

Ferranti AAC

66 Moira Nicol (F40)

67 Susana Gonzalez-Sanchez

Fife AC

68 Margaret McLaren (F45)
71 Irene Pennycook (F45)

69 Sandra Aitken (F40)
72 Eliza McLachlan (F45)

70 Catriona Duncan (F50)
73 Louise Burt (F40)

Gala Harriers

74 Angela Foss
77 Rachel Fagan

75 Eileen Nicol (F35)
78 Katy Anderson

76 Andrea Pogson (F45)
79 Laura Howie (F35)

Harborough AC
80 Toni Boa (F40)

Hunters Bog T

81 Christine Buckley
84 Michelle Jeffrey
87 Deborah McDonald (F40)
90 Jane Rosbottom
93 Anne Heap

82 Megan Clark
85 Isobel Knox
88 Alison McNeillage
91 Janice Smith (F45)

83 Claire Gordon
86 Jessica Legaz-Clua
89 Sandra Rathjen
92 Niamh Troy (F35)

Livingston & Dist

94 Avril Gardner
97 Amie Booth (U20)

95 Yvonne Crilly (F40)

96 Sue McDowell (F45)

Lothian RC

98 Lorna Eades (F35)
101 Christine Milne
104 Margaret Turnbull (F45)

99 Gillian Godfree
102 Helen Murray (F40)

100 Saran Jones (F40)
103 Laura Sarkis

Metro Aberdeen

153 Ingrid Machell (F35)
156 Lucy Robinson (F35)

154 Sue Carter (F40)

155 Kerri Bates

Montrose & Dist

157 Fiona Lampkin

Penicuik Harriers

158 Lori McCrae
161 Karen Husband

159 Christine Anderson (F40)

160 Rachael Campbell

Perth Road Runners

162 Sheila Bauchop (F50)
165 Meike Bateman

163 Joan Wilson (F40)
166 Susan Lennon (F35)

164 Andrea Cameron (F35)

Pitreavie AAC

167 Hazel Bradley (F50)
170 Sarah Croucher

168 Anna Darmody (F35)
171 Claire Thakeray (U20)

169 Alison Whyte
172 Julia Oldham (U20)

Portobello RC

173 Janet Laing
176 Romy Parker

174 Karen Young (F35)
177 Gillian McKelvie (F40)

175 Julia Kennedy

Wee County H

178 Lindsay Stother

Senior/ Junior Men

RACE STARTS 2.30

Aberdeen AAC

3 Keith Charlton (M40)
6 Benjamin Hukins
9 David Oliver (M50)
12 Colin Taylor (M40)
15 Neil Murdock (M55)
18 Mark Kennedy (U20)
21 Stuart Forbes (U20)

Carnethy HRC

22 Garry MacInnes
25 John Blair-fish (M50)

Central (Ind)

28 Ian Beattie

Central AC

29 Robert Russell
32 Alasdair Anthony
35 Derek Easton (M45)
38 David Hay (M45)
41 Robert Stott
44 William Gault (M55)
47 John Dickson (M55)
50 Lewis Millar (U20)

City of Edinburgh

51 Brian Aitken
54 Colin Cable (M40)
57 Thomas Ellacott
60 Owen Flage
63 Andrew Gibson
67 Brian Howie (M50)
70 Mark Johnston
73 Andrew Laycock
76 Alex MacEwen (M45)
79 Walter McCaskey (M60+)
82 Robert Riddell (M40)
85 John Steel (M40)
88 Adam Ward (M40)
91 Angus Wardlaw

Corstorphine AAC

93 Martin Caldwell (M50)
96 David Henderson (M40)
99 Christopher Gowans
102 Chris O'Brien
105 Ewan Stark

Dundee Hawkhill

108 Matthew Strachan (M40)
111 John Hepburn (M40)
114 David MacDonald
117 Alan Wilson
120 Stephen Borland (M45)

1 Malcolm Beattie
4 Calum Davidson
7 Richard Wainford
10 Mel Edwards (M60+)
13 Alexander Peddie (M40)
16 Iain Donnan (U20)
19 Alan Wales (U20)

23 Robin Morris (M50)
26 Brad Connor

30 Alex Milne
33 Ross Houston
36 John Millar (M50)
39 George McHardy (M50)
42 Robert Hutchison (M40)
45 James Drummond (M50)
48 Will Hensman

52 Graham Beal
55 Scott Campbell
58 Martin Ferguson
61 William Gallacher (M50)
64 Andrew Griffiths (M50)
68 Colin Hutt
71 Steven Lauder
74 Juan Mareque
77 Hugh MacInnes
80 Lars Ottemoller
83 Garry Robertson (M40)
86 Grant Stewart
89 Robert Wiseman
92 Steven Wright

94 Iain Cumming (M50)
97 Brian Nicholson
100 Moray Anderson
103 Bryan Clark
106 Kris Berry (U20)

2 Michael Paddon
5 David Duguid
8 David Burlton
11 Stephen Cassells (M45)
14 David Armitage (M50)
17 Peter Mutch (U20)
20 Adam Watt (U20)

24 Brian Waldie (M60+)
27 Graeme Carracher (M40)

31 Ewan Gault
34 James McDonald
37 Cameron Campbell (M45)
40 Roger Greenaway (M50)
43 Alan Gall (M45)
46 Steve Laing (M45)
49 Alastair Hay (U20)

53 James Buick
56 Robert Cockburn (M55)
59 Jonathan Ferry
62 Darren Gauson
65 Daniel Green 66 Rob Hooton
69 Scott Innes
72 Stuart Lamb
75 Darryl McDonald
78 David MacLean
81 Jamie Pringle
84 Andrew Scott (M50)
87 Eric Stevenson (M50)
90 Jonathan Whitehead (M45)

95 John O'Hara (M40)
98 Keith Hood
101 Tom Ferrington
104 Steven O'Brien
107 Scott Pilkington (U20)

110 Charles Haskett (M45)
113 Neil Gunstone
116 Pete Fox (M40)
119 Eddie Holmes

Dundee Road R

121 Richard Kennedy (M40)
124 Kenneth Mcleod
127 Michael Geoghegan (U20)

122 Alan Lawson (M55)
125 Andy Kilgour (M45)

123 Alan McLeod (M55)
126 Charlie Bruce (M45)

Edinburgh Uni

128 Daryl Philip
131 Huw Jones
134 Jonathon Henderson (U20)

129 James Williamson
132 Murray Strain
135 James McMullan (U20)

130 David Fulton
133 Richard Turner (U20)

EZ Carnegie

136 Steven Ogg
139 Peter Morrison
142 Kevin Clark
145 George Murdoch
148 Ian Armstrong
151 Robert Milton (M40)
154 Douglas McGarry (M40)
157 Allan Davie (M45)
160 Phil Smithard (M55)

137 Iain Taylor
140 Mike Harvey (M40)
143 Ian Johnston (M45)
146 John Lambie (M40)
149 Thomas Bowie (M55)
152 James Lang (M45)
155 Kenneth Daniels (M60+)
158 Stephen Greer (M45)

138 Ian Stewart (M45)
141 Sandy Bennet (M40)
144 Ian Paterson
147 Dennis Howett
150 Michael Cowie (M50)
153 Andrew Hunter (M40)
156 John Milton (M60+)
159 Allan MacAulay (M45)

Falkirk Victoria H

161 John Martin (M45)
164 William Higgins (M45)
167 Andrew Donaldson
170 Paul McKerracher (M45)
173 Robin Mcnelis
176 Alasdair H. Stewart (U20)

162 Blane McConnell
165 William Day (M55)
168 Michael McQuaid (M40)
171 Andrew Ronald
174 Eric Donaldson

163 Duncan McGougan
166 Stephen Moore
169 Steven Purser (M40)
172 Michael Ross
175 Neil Robertson

Ferranti AAC

177 Edward McDonald (M55)
180 Robert Miller (M40)
183 Matt Bankhead (M50)
186 Keith Weston (M55)
189 Alex Bell (M45)

178 Ian Duguid
181 Mike Connor
184 Walter Fairnie (M40)
187 Ross Bankhead
190 Malcolm Fraser (M50)

179 Paul Caban
182 Trevor Ridley (M50)
185 Keith Nicol (M50)
188 John Gavin (M50)
191 Stephen Reid (M40)

Fife AC

192 Christopher Russell
195 Brian Cruickshank
198 John Cunningham (M40)
201 John Murdoch (M40)
204 Laurence Anderson (M40)
207 Alan Meiklejohn (M55)
210 Nigel Fowler
213 Jack Lumsden (M45)
216 David Francis (M55)
219 Owen Greene
222 Edmund Halliwell (U20)

193 Ian Overton
196 Tom Scott (M50)
199 Graham Bennison (M55)
202 Gary Barker (M45)
205 Adrian Davis (M40)
208 Douglas Gunstone (M50)
211 Ian Poolman
214 Stewart Biggar
217 Terry Mitchell (M40)
220 Graham Bee (U20)

194 David Ovens
197 David Anderson (M40)
200 Bryce Aitken (M40)
203 Alastair Robertson (M60+)
206 Frank McLaren (M50)
209 Andrew Barker (M55)
212 Gordon Thomson
215 James Taylor (M45)
218 Andrew Lemoncello
221 James Lamb (U20)

Gala Harriers

223 Ron Logan
226 Euan Jardine
229 Alistair Wright (M45)
232 Graham Capper (M45)
235 Robin Murray (M45)

224 David Nightingale (M45)
227 John Borthwick
230 Malcolm Gowans
233 Jack Knox (M60+)

225 Alistair Laurie (M40)
228 Fergus Johnston
231 Fergus Cochrane (M40)
234 Martin Clarke (M45)

Haddington ELP

236 George Armstrong (M60+)
239 Ian Sills
242 Steven Docherty

237 Brian Carr (M50)
240 Sandy Wallace (M50)

238 Frederick McCain (M55)
241 William Watson (M40)

Hunters Bog T

243 Duncan Baker (M45)
246 Ian Campbell
249 Alistair Hart
252 Billy Minto (M40)
255 Patrick O'Kane (M40)
258 John Heap
261 Ray Ward

244 John P. Beech (M45)
247 Colin Farquharson (M40)
250 James Jarvis
253 Philip Mowbray
256 Jon Rathjen
259 Richard Wall (M45)
262 Ian Wellock

245 Steven Cairns
248 Siggy Gould
251 Ian Marshall (M50)
254 Niall Munro
257 Neil Thomas
260 David Wright

Lasswade AAC

263 Ben Mitchell
266 Neil Rutherford

264 John Murray
267 Paul Elliot (U20)

265 Daryl Philip
268 Dean Philip (U20)

Livingston & Dist

269 Steven Thomson (M40)

Lothian RC

270 Graeme Ackland (M40)
273 David Eades
276 Kenton Jones (M40)
279 Willie MacDonald
282 Alan Shanley (M40)
285 Scott Fraser (U20)

271 James Alexander (M40)
274 David Godfree
277 Robert Lee (M40)
280 Andreas Merdes
283 Peter Weeks (M50)

272 Stephen Dempsey (M50)
275 Alan Grierson
278 Ian Leggett (M60+)
281 Ross Milne
284 Donald Shaw

Metro Aberdeen

286 Alistair Murray (M50)
289 Keith Farquhar (M40)
292 David Nugent (M40)

287 Duncan Wood (M40)
290 Peter Jennings (M45)
293 Nicholas Milovsarov

288 Kevin Tulloch (M40)
291 Mike Simpson (M45)
294 John Lenehan (U20)

Montrose & Dist

295 Colin Christie
298 Gary Pirie
301 Kyle Gouck (U20)

296 Colin Dickson (M50)
299 Graham Reid (M60+)

297 Tony Smith (M50)
300 Stuart Walker (M40)

Musselburgh AC

302 Gordon Eadie (M45)
305 Matthew Deighton
308 Ian Thomson (M50)

303 Stuart Goodall
306 Jude Boulton

304 Tony Segall (M40)
307 Steve Patterson (M45)

Penicuik Harriers

309 Colin Graham (M50)
312 Michael Browne (M55)
315 Michael Pearson (M60+)

310 Kenneth Graham
313 Chris Browne
316 Robert Walker (M40)

311 Kenneth Cairns
314 John Forrest (M50)
317 Sean Cooney

Perth Road Runners

318 Stuart Moran
321 Robin Livingstone (M45)
324 Neil Muir (M40)
327 Stephen Ferguson (M45)

319 Adrian Jenkins
322 Derek Phillips (M40)
325 Colin Glencorse
328 David Norrie (M45)

320 Jim Scanlan
323 David Knight
326 Sandy MacFarlane (M40)
329 Angus Hunter

Phoenix Racers

330 David Gardiner

331 Frank McGowan

332 Glen Stewart

Pitreavie AAC

333 Colin Simpson (M45)
336 Nigel Cunningham
339 Stuart Forrester (M45)
342 Colin Mathieson Snr (M50)
345 Derek Simpson (U20)

334 Peter Baxter (M45)
337 Barry Davie
340 Douglas Gray (M40)
343 David Candlish
346 Stephen Irwin (U20)

335 Peter Coleman (M50)
338 Archibald Duncan (M55)
341 Barry McCleery
344 John Newsom (U20)
347 Graeme Oudney (U20)

Portobello RC

348 William Jarvie (M45)
351 Gerard Scullion
354 David Edgar (M45)

349 Graham Henry
352 Scott Jarvie (M45)

350 Philip Cochrane (M40)
353 Ricky Fraser (M40)

Standard Life

355 David Gibson (M40)
358 Chris Durn (M40)

356 Bruce Hall
359 Neil Paton (M45)

357 Bruce Smith
360 Bill Ferrari

Teviotdale Harriers

361 David Cavers (M40)
364 Colin Welsh
367 D Murdie

362 Darrell Hastie
365 Scott Watson
368 G Smith (M40)

363 Wayne McIntosh
366 Martin Elsdon (M50)

Wee County H

369 Sidney Pask (M50)
372 Mike Thomson (M50)
375 Kevin Kelly

370 Jonathan Woods (M40)
373 Trevor Andrews (M45)
376 Peter Dunn (M55)

371 Gordon McNeil
374 Gordon McPherson (M50)
377 Derek Killin (M50)